

What Should I Pack in my Pumping Bag?



- Double electric pump
- Hands free pumping bra
- Insulated cooler
- Your regular pump parts & spare set of parts
- Collection bottles
- Nursing pads
- Nipple cream or coconut oil
- Small towel or burp cloth for spills & leaks
- Nursing cover
- Milk storage bags
- Medela pump wipes
- Medela quick steam bags
- Labels for bottles
- Some photos or video of your baby
- A stylish bag to keep all your gear in
- Water bottle
- Snacks
- Nursing clothing (optional)

